

Center for Excellence in School Counseling and Leadership (CESCaL) presents:

Empowering School Counselors & all Educators to Support our Lesbian, Gay, Bisexual, Transgender, Queer/Questioning & Intersex (LGBTQI) Youth



SAN DIEGO STATE
UNIVERSITY

February 5-7, 2010
San Diego, CA
Mission Valley Hilton

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Welcome!

It is our tremendous pleasure to present the first national conference for School Counselors and other educators on LGBTQI issues. This conference has been a labor of love for all of us here at CESCAL. Our mission is to promote excellence in the profession of school counseling and to assist school counselors and administrators as they seek to improve effective practice within the profession of school counseling. I would like to thank all those who helped make this conference possible. Our sponsors are listed on the left side, and our amazing CESCAL staff are below. They are all SDSU graduate students in school counseling. Thanks to Dawn Ayles for her help on the Plunge and extra special thanks to Vinnie Pompei who went above and beyond by taking a huge leadership role in Sponsorships and Exhibitors! It is an honor to work with all of you!

Many many thanks! ~ Trish Hatch, Executive Director

Our CESCAL Team:

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Volunteer Coordinator:

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www.cescal.org

Executive Director:

Trish Hatch, PhD

Conference Schedule

Friday, February 5

5:00 - Registration- Check In

6:00 - Cocktails in Malibu Room

6:30 - Welcome ~ Senator Kehoe

6:45 - Awards Presentation

7:00 - Dinner Served

8:00 - Keynote ~ Chaz Bono

Saturday, February 6

7:30 - Coffee & Registration

8:00 - Welcome ~ Dean Hovda, SDSU

8:15 - Keynote ~ Shane Windmeyer

9:15 - Break

9:30 - Session 1

10:30 - Break

10:45 - Session 2

12:00 - Lunch ~ ASCA Leaders

1:45 - Session 3

2:45 - Break

3:00 - Session 4

4:00 - End

5:00 - Cultural Plunge/Center Tour

6:00 - University Avenue Walk

9:00 - Mo's Celebration!

Sunday, February 7

7:30 - Coffee & Registration

8:00 - Session 5

9:00 - Break

9:15 - Guest Speaker ~ Rochelle Hamilton

9:40 - Guest Speaker ~ Stuart Milk

10:00 - Keynote ~ Mary Ellen Clark

11:00 - Session 6

12:00 - 12:30 Closing/Debriefing

Awards Dinner ~ Reese House Youth Advocate of the Year



Reese M. House urged school counselors to become more involved in school reform as leaders and advocates of student success. Reese served as director of the National Center for Transforming School Counseling at the Education Trust. Reese advocated for school counselors to play a greater role in closing the achievement gap between disadvantaged students and their more privileged peers. Dr. House, a social justice advocate, was a founder and the first executive director of the Cascade AIDS Project in Portland, Oregon, in the early 1980s and served on the board of Right to Privacy, an Oregon gay rights advocacy group. A dear friend to many of us, this award was created to support Reese's lifelong work supporting students.

Our 2010 Award Winner ~ Pat Halama



Pat Halama is a middle school counselor who served as New Mexico School Counselor Association President where she tirelessly worked as an advocate for all students. Her work at Truman Middle School has shown her dedication to all students, especially LGBTQ youth. Pat designed a curriculum to address bullying in her middle school. She found that the majority of students were bullied around sexual identity and body image issues. As a result of the data collected, Pat created a guidance lesson to address this. Despite parental complaints to the superintendent within this conservative community regarding the content of her lesson, Pat used data to explain the need for educating students and her district supported her continuing this important work. Pat has served as a Safe Zone coordinator for years. *She is definitely an advocate for all LGBTQ youth.*

Senator Christine Kehoe: Guest Attendee

Senator Kehoe was elected to the State Senate in 2004 to represent the 39th Senate District. She previously served in the State Assembly for two terms and served as Speaker Pro Tempore. From 1993 to 2000 she was on the San Diego City Council. Christine also served on the California Coastal Commission from 1997 to 2000. Christine was the first to chair the Legislative LGBT Caucus.



Keynote Speaker: Chaz Bono

The only child of famed entertainers Sonny and Cher, **Chaz Bono** is an LGBT rights advocate, author, and speaker. Chaz recently began gender transition in the public eye, where he continues to impact change and create awareness and visibility for this cause. Although Chaz came out as a lesbian to his parents at 18-years-old in 1987, he did not publicly come out until April 1995 in an interview with *The Advocate*, the national gay and lesbian news magazine. Chaz' decision to come out prompted his public work in support of LGBT rights and social justice. An acclaimed author, Chaz has written two books: *Family Outing: A Guide to the Coming Out Process for Gays, Lesbians, and Their Families* (Little Brown 1998), which is based on Chaz' own stories and experiences as well as the experiences of about a dozen other gay people and their family members; and *The End of Innocence: A Memoir* (Advocate Books, 2003). Today, Chaz is working on his third book, to be released by Dutton in 2011, and currently is filming a documentary about his transition with World of Wonder Productions. Chaz is an activist for LGBT rights, and is also a student at Antioch University. Chaz currently lives in Los Angeles with his partner, Jennifer Elia.



Welcome: Ric Hovda, Dean and Professor, College of Education, San Diego State University



Shane Windmeyer ~ 8:00 am Carmel Ballroom

Shane L. Windmeyer, M.S., Ed., is a leading author on gay campus issues, national leader in gay and lesbian civil rights and a champion for LGBT issues on college campuses. He is cofounder and executive director of Campus Pride, the only national organization for student leaders and campus organizations working to create a safer college environment for LGBT students. Released Fall 2006 by Alyson Books, Windmeyer is the author of *The Advocate College Guide for LGBT Students*, the first-ever college guide profiling the "100 Best LGBT-Friendly Campuses." He is also the editor of *Brotherhood: Gay Life in College Fraternities* and co-editor of the books *Inspiration for LGBT Students & Allies*, *Out on Fraternity Row: Personal Accounts of Being Gay in a College Fraternity* and *Secret Sisters: Stories of Being Lesbian and Secret Sisters: in a College Sorority*.

Saturday ~ Breakout Session I (9:30am — 10:30am)

LGBTQI 101: What do all these Letters Mean?

Stuart Chen-Hayes

Associate Professor & Program Coordinator Counselor
Education/School Counseling, CUNY/Lehman College

Newport Ballroom I

Presenter will share an overview of a developmental LGBT model for school counselors that includes families and covers the letters: LGBTQIQQ2STZ! This session will give you the basics on affirming counseling and advocacy terminology for effective sexual orientation and gender identity/expression counseling. What are the myths and realities? Come have your questions answered!

What's Your Game Plan? Addressing LGBT Issues in School Athletics

Pat Griffin

Director of *It Takes A Team!* & Professor Emeritus,
University of Massachusetts

Encinitas

How would you describe the climate for LGBT athletes and coaches in your school? How can you help to make your school's teams and sports events safe and respectful for all? This session will provide school counselors with specific resources and strategies for addressing LGBT issues in for students in athletics.

Strategies and Stories from an Anti-Gay South

Brian Law

ASCA President Elect, Professional School Counselor

Carlsbad

The presenter will compare and contrast how professionals and students are harassed and bullied in a southern school system with and without sexual orientation discrimination policies. The presenter will show how perseverance overcomes the hate to create success for GLBTQI students and educators. Rational strategies to advocate for all students and employees will be shared.

Creating Safe and Inclusive Learning

Environments for All Students

Chet Sewell, Mick Rabin, Anne Rene

King Chavez Academies & GLSEN Board Member and GLSEN

President San Diego Chapter

Newport Ballroom II

Participants will examine how to create safe and inclusive learning environments by exploring the complexities of gender roles, sexuality and expression. Participants will be asked to assess their own assumptions/biases and how these effect student interactions. Participants will be given an array of educational materials that promote acceptance and tolerance not only for LGBTQI, but for all students.

Continuing Education Units

Each CESCAl LGBTQI Conference participant can receive up to 1.5 continuing education units (CEU's) through San Diego State University's College of Extended Studies. The College of Extended Studies awards CEU's to persons enrolled in and completing certain noncredit programs. CEU's are not academic units and cannot be applied to degree work at institutions of higher education. CEU's will be awarded based on the number of contact hours of participation. For more information and registration forms, please stop by the registration booth.

Saturday ~ Breakout Session II (10:45am — 11:45am)

Colors of the Rainbow: Empowering Racial & Ethnic Minority LGBT Youth

Michael Mobley

Associate Professor, Rutgers University, NJ

Newport I

School counselors will increase their multicultural competence regarding socio-cultural experiences and psychological well-being of racial and ethnic minority lesbian, gay, bisexual, and transgender (REM LGBT) adolescents. An integrated model of socio-cultural identities and associated well-being indicators (e.g., depression, social support, risk behaviors, etc.) sensitive to ecological contexts will be highlighted.

Is it a Choice?

Vincent Pompei

PFLAG Chapter President; Middle School Teacher/Counselor

Val Verde Unified School District

Carlsbad

Is being gay a choice? Some religious institutions claim it is and believe therapy can "cure" homosexuality. On the other hand, organizations such as the American Psychological Association couldn't disagree more. Learn what major National Organizations have to say about the current research on Homosexuality. Is it a choice? What do they say about reparative therapy as a way to "convert" someone's sexuality? Lets begin by dispelling the myths.

Out, Safe and Respected

Stefan Johnson

Lambda Legal, Los Angeles

Newport Ballroom II

LGBT students have the right to be out, safe and respected at school. This workshop will focus on helping administrators and counselors become aware of the rights LGBT students have in public schools. The workshop will summarize the laws protecting LGBT students and the discussion will focus on creating an educational environment where these students can be free to be who they are. The discussion will include the legal protections students have to form a gay straight alliance, the right to take a same-sex partner to the prom, the pitfalls and detriments of abstinence only education, and legal protections students have from harassment and discrimination.

Project 10

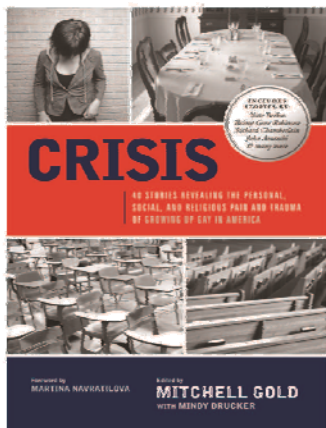
Judy Chiasson

Los Angeles Unified School District, CA

Encinitas

This workshop will present a historical time line of GLBTQ outreach and services in K-12 public education. The workshop will address GLBTQ services from the perspective of an institutionalized system of advocacy. Project 10 is dedicated to providing educational support services to GLBTQ students who attend public school.

A resource education professionals can use to bring awareness and understanding about the personal, social and religious struggles faced by those growing up gay in America.



Visit CRISISBOOK.ORG for more information

Please Remember to Visit the Exhibits During Break!

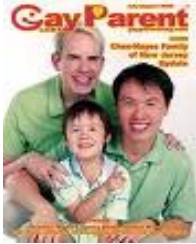
PEARSON



Thank you Pearson for donating the textbook: Counseling Sexual and Gender Minority Youth by L. Carroll

ASCA Leaders Speak OUT! Luncheon 12:00-1:30 *Carmel Ballroom*

Stuart Chen-Hayes, Associate Professor & Program Coordinator Counselor *Education/School Counseling, CUNY/Lehman College*



Dr. Chen-Hayes is an editorial Board Member for the Journal of LGBT Issues in Counseling and Professional School Counseling. He is the Co-Author of LGBT Issues in Counseling & Equity-Focused School Counseling DVDs with Microtraining & Associates. Stuart has authored 40 peer reviewed research articles and book chapters on social justice, LGBT, and school and family counseling. He is the Co-Founder and Past-President of Counselors for Social Justice and is President-Elect of the North Atlantic Region Association for Counselor Education & Supervision. He has a six year old son and has been featured twice as a cover story in Gay Parent Magazine.



Brian Law, ASCA President-Elect

Michael "Brian" Law is president-elect of the American School Counseling Association (ASCA) and immediate past president of GSCA. Law was chosen as a top 10 school counselor of the year in 2009 by ASCA and the Georgia Secondary School Counselor of the year for 2009-2010. He was the state and national elementary school counselor of the year in 2004; the Georgia School Counselors Human Rights Award winner in 2004. (He works in the only school system south of Atlanta that includes sexual orientation in the non-discrimination work and student activities policy.) Formerly working for a system in Southern Georgia without the policy, Law had to advocate for equal treatment and respect for students and employees in the often anti-gay-friendly south.

Robert Bardwell, ASCA Secondary Level Vice President

Bob Bardwell is the Secondary Level Vice President of the American School Counselor Association (ASCA), the Director of Guidance and Student Support Services at Monson High School, a public school in Massachusetts, and the immediate past-president of the New England Association for College Admission Counseling. Bob has written for the *New York Times* "Choice Blog" and writes a monthly column about education related topics for The Republican. Bob and his husband are the proud parents of two adopted multi-racial sons. He is an adjunct professor at several universities. He will speak to the joys and challenges of parenting and juggling a busy professional life.



Trish Hatch

Associate Professor of School Counseling at San Diego State University

Trish Hatch, Ph.D. is co-author of *The ASCA National Model: A Framework for School Counseling Programs* (ASCA, 2003, 2005) and *Evidence Based Practice in School Counseling: Making a Difference with Data Driven Practices* (Dimmit, Carey & Hatch, 2007). Trish is the Director of the Center for Excellence in School Counseling and Leadership (CESCaL) and the Director of the School Counseling Program at San Diego State University. She is excited to coordinate this personal and professional conference with the help of her amazing CESCaL team. Trish is the proud mother of three grown sons.

Breakout Session III (1:45—2:45)

Queer Matters in Education: Strategies & Resources for LGBTQ Educators and Allies (Part I of II)

William DeJean

Macquarie University, Newton, Australia

Encinitas

Tired of school as usual? Learn how to break the silence. This interactive workshop will model activities and provide resources that can be used with K-12 students, teachers, parents, administrators, pre-service teachers, and community members. This is Part I of a two-part session.

LGBT Youth and Suicide Prevention

Carol Skiljan

Executive Director, Yellow Ribbon Suicide Prevention Program, San Diego, CA & Trevor Project Trainer

Newport Ballroom II

This workshop will empower counselors to better understand the disproportionately high rates of suicide among LGBTQ youth and make their schools healthier environments for them. Emphasis will fall on the link between sexual orientation-related victimization and suicide. This workshop will include a review of warning signs and risk factors for suicide (including LGBT-specific ones).

Closing Achievement, Opportunity, & Attainment Gaps in School Counseling Programs for Culturally Diverse LBGTI Students

Robert (Bob) Bardwell, *ASCA Secondary Vice-President*

Stuart Chen-Hayes, *Associate Professor, CUNY Lehman College*

Newport Ballroom I

This session will provide information on closing the achievement, opportunity, and attainment gaps in school counseling programs for culturally diverse LBGTI students. How do we advocate for and support our sexual minority youth to ensure equity and access to rigorous education for all? This session will also provide school counselors and other educators with resource information for locating and assessing gay-friendly college campuses.

Stigmas on Campus

Christa Bretz & Lois Sheridan

Teacher & GSA Club Advisor, Glendale High School, CA

Carlsbad

PowerPoint presentation including video interviews with GHS students, teachers, and administrators. Primary focus will be on how we are addressing the ethnic stigmas regarding LGBTQ Youth through creating safe zones, participating in Day of Silence and Rachel's Challenge, monthly GSA club events, and connection with local community GALA (Armenian) organization.

Breakout Session IV (3:00—4:00)

Queer Matters in Education: Strategies & Resources for LGBTQ Educators and Allies (Part II of II)

William DeJean

Macquarie University, Newton, Australia

Encinitas

Tired of school as usual? Learn how to break the silence. This interactive workshop will model activities and provide resources that can be used with K-12 students, teachers, parents, administrators, pre-service teachers, and community members. This is Part II of a two-part session.

"Don't Call Me Faggot": Homophobic Language in Schools

Kevin O'Grady & Marcie Denberg

Regional Director, Anti Defamation League

Newport Ballroom II

Through activities that explore identity, communication, language, examining bias and challenging bias participants will develop the tools to relate personal and institutional assumptions about to sexual orientation and gender identity to create more inclusive school environments. The workshop will utilize small and large group discussion, vignettes and responses to challenge incidents of homophobic language in

School Personnel as Allies to LGBTQI Families

Caryn Hoffman

School Counselor, Eastlake High School, Chula Vista, CA

Newport Ballroom I

In order for schools to be safe and effective learning centers for students counselors and other school personal must learn to be advocates and allies to assist LGBTQI families. Learn practical hands on methods to be genuine allies and facilitate meaningful communication between parents and students. How can counselors be allies to LGBTQI students and families? What's in the "tool kit" that school personnel need? What are some key components to master /have in place when dealing with significant / potentially volatile situations? How do counselors hold up to stressful and emotionally exhausting interventions?

Tolerance, Acceptance, or Support

Brandie Oliver

Butler University, Indianapolis, IN

Carlsbad

Participants will be exposed to terminology and definitions surrounding tolerance, acceptance, and support. This session will discuss and use experiential learning activities that can be used in classroom guidance. School counselors will leave feeling empowered and encouraged to return to school systems to make positive changes within their school, therefore improving overall school climate, school safety (for ALL students), and social advocacy.

Cultural Plunge

Saturday 5:00 pm — 10:00 pm (ish?)

Please join us Saturday evening as we do a quick tour of Hillcrest riding a **British Double Decker** and arrive at **The Center** in Hillcrest. The bus will pick everyone up in front of the hotel. We will learn about the important services provided to the community and then begin our walking tour down University Avenue of Hillcrest, San Diego's gay community. Stop and enjoy the food and beverages at restaurants along the way. After an evening of excitement, those who choose to can join us at **Mo's** on University Avenue at 9:00pm for a toast (hosted by Mo's)! To allow for flexibility in your evening you will be responsible for your own transportation back to the hotel (it is only 1.9 miles back from Mo's to the Hotel). If you require transportation back to the hotel from Mo's please SEE US at the registration table and we will assist you with options.



Sunday Morning ~ Breakout Session V (8:00am — 9:00am)

PFLAG Family Panel

Patti Boman, Terrie Vorono & Barbara Bodine

Newport Ballroom I

Members of the Parents and Friends of Lesbians and Gays (PFLAG) community will discuss the challenges, opportunities and joys of parenting a gay son or lesbian daughter. Each panel member will share their personal experiences and then open the floor to Q&A.

Don't Just Hate, Mediate!

Jaime Diego Chavez, Counselor and Peer Mediation teacher
Lawndale High School, Lawndale, CA

Carmel IIIB

This workshop provides school counselors, educators, LGBTQI youth and their allies with the tools needed to start or enhance a school wide Peer Mediation program to address issues of homophobia, discrimination, bullying, stereotypes, and student rights. We will be sharing resources, giving examples of programs and activities, and exploring strategies on how to empower educators, LGBTQI students and their allies to promote a safe school climate.

Transgender Youth Family Panel

Flynn, Gomez, & Dunn Families

Newport Ballroom II

Members of the PFLAG community will discuss the challenges, opportunities and joys of parenting a transgender child. Each panel member will share their personal experiences and then open the floor to questions

California Victim Compensation Program

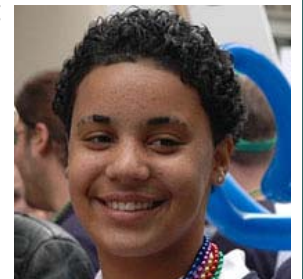
Robyn Foemmel-Bie,
California Victim Compensation Program

Laguna

The California Victim Compensation Program (CalVCP) will offer a program overview that includes information of the benefits available to children and their families, and how CalVCP assists with expenses such as medical, dental or mental health treatment, relocation and funeral costs that are not covered by other sources.

Rochelle Hamilton ~ Wins Lawsuit Against District ~ 9:15 am Carmel Ballroom

The Vallejo public school district agreed to pay \$25,000 and to institute mandatory awareness training to settle a lesbian high school student's lawsuit that claimed she was tormented by teachers, counselors and other staff members. During her sophomore year at Jesse Bethel High School, Rochelle was required to attend a group that was run by a counselor who asked gay students if they had chosen their sexual orientations and told them they would have a hard time finding jobs. Rochelle has spoken out about her experience in the hopes that other students would not have to go through what she experienced. She is a senior now and on target to graduate. **Rochelle has received 5 awards:** U.S. House of Representatives Certificate of Special Congressional Recognition - "Nancy Pelosi" (June 2009), U.S. House of Representatives: Certificate of Recognition - "Congresswoman Jackie Speier" (June 2009), California State Senate: Certificate of Recognition - "Senator Mark Leno" (June 2009), California Legislature: Certificate of Recognition - "Assemblywoman Fiona Ma" (June 2009), and the KQED Local Hero's Award 2009.



Guest Speaker: L. Stuart Milk ~ 9:40am Carmel Ballroom



L. Stuart Milk formed the Not-for-Profit Harvey Milk Foundation to advise, assist and support LGBT rights organizations, movements and advocates worldwide with a primary mission to fulfill his late Uncle's dream of a world without discrimination and a world without hate. The cornerstone of this critical mission is the inspiring story of civil rights leader Harvey Milk and his example of building bridges with other diverse, often marginalized communities along with putting a very real and identifiable human face on the quest for LGBT equality. He has accepted dozens of awards on behalf of his late uncle including the Presidential Medal of Freedom from US President Barack Obama in the summer of 2009. This year, California Governor Schwarzenegger signed a bill proclaiming May 22, **Harvey Milk Day**. The bill encourages public schools and educational institutions to conduct suitable commemorative exercises on that date.

Keynote: Mary Ellen Clark ~ 10:00am Carmel Ballroom

Diver Mary Ellen Clark was a member of the 1992 and 1996 U.S. Olympic Diving Team, winning two bronze medals. She has won 7 national championships. Mary Ellen is the oldest Olympian in the history of women's platform to medal. She is currently the diving coach at Amherst College and Mount Holyoke College, both located in central Massachusetts. Her experience and expertise is paying dividends as she was named NCAA Division III Men's Diving Coach of the Year in 2008 for Amherst College. A motivational speaker, Mary Ellen will share her personal stories, address issues of homophobia in sports and ways school counselors and other educators can support LGBT students and athletes. Mary Ellen will also do a brief Q & A afterwards.



Sunday Breakout Session VI (11:00am — 12:00pm)

Gay/Straight Alliance - Keep Coming Back High School Panel

Nikki Eddy, Kurt Dearie, & Laura Preble

Newport Ballroom I

High School GSA Advisors will share their experiences, ideas, successes and challenges of designing, implementing and improving Gay Straight Alliances (GSA's) in their high schools. Thanks to PFLAG for arranging this session.

Bridging the Ethical Gap

Dean Lesicko, *President of CASC*

Brent Childers, *Executive Director of Faith in America*

Carmel IIIB

What are the ethical considerations faced by school counselors with regard to working with LGBTQI students? What are the ethical issues facing school counselor educators as they prepare students to work in a pluralistic society? How do you start the conversation with other school counselors, staff members, board members, parents when those audiences might be disinclined to engage in the conversation? This workshop will provide answers to these questions. Take away a specially designed instrument to assist you with getting the conversation started.

Gay/Straight Alliance-Middle School

Pat Halama

School Counselor, Albuquerque, New Mexico

Newport Ballroom II

Truman Middle School, located in Albuquerque, NM is building on its first year of providing an open school sponsored Gay/Straight Alliance. Hear how the group was formed, the obstacles we encountered and how we have continued with administrative and staff support. We will discuss how we have showcased the issues and garnered administrative support and student awareness.

AB537, Bullying & Classroom Management

Don Hollins

Teacher & Advisor, Sunset High School, San Diego, CA

Laguna

California state bill AB 537 guarantees protections for all students, especially those who are gay, lesbian, bisexual, transgender or perceived to be by others. This bill requires effective classroom management to ensure a safe, productive learning environment for all students. Participants identify forms of bullying and effective classroom management techniques with a focus on handling disruptive behavior and teasing that can escalate into much larger problems.



*Save the date
for 2010!*

3rd Annual Student Diversity Conference

“Diversity Pathways to Student Success”

Saturday, April 24, 2010
8:00 a.m. - 4:00 p.m.
San Diego State University
Aztec Center

Dr. Tanis Starck, Conference Chair
tstarck@mail.sdsu.edu, 619.594.0546

For more information and to register for the conference go to:
www.sa.sdsu.edu/intercultural/conference

*A program of the
Office of Intercultural Relations/Cross-Cultural Center, San Diego State University*

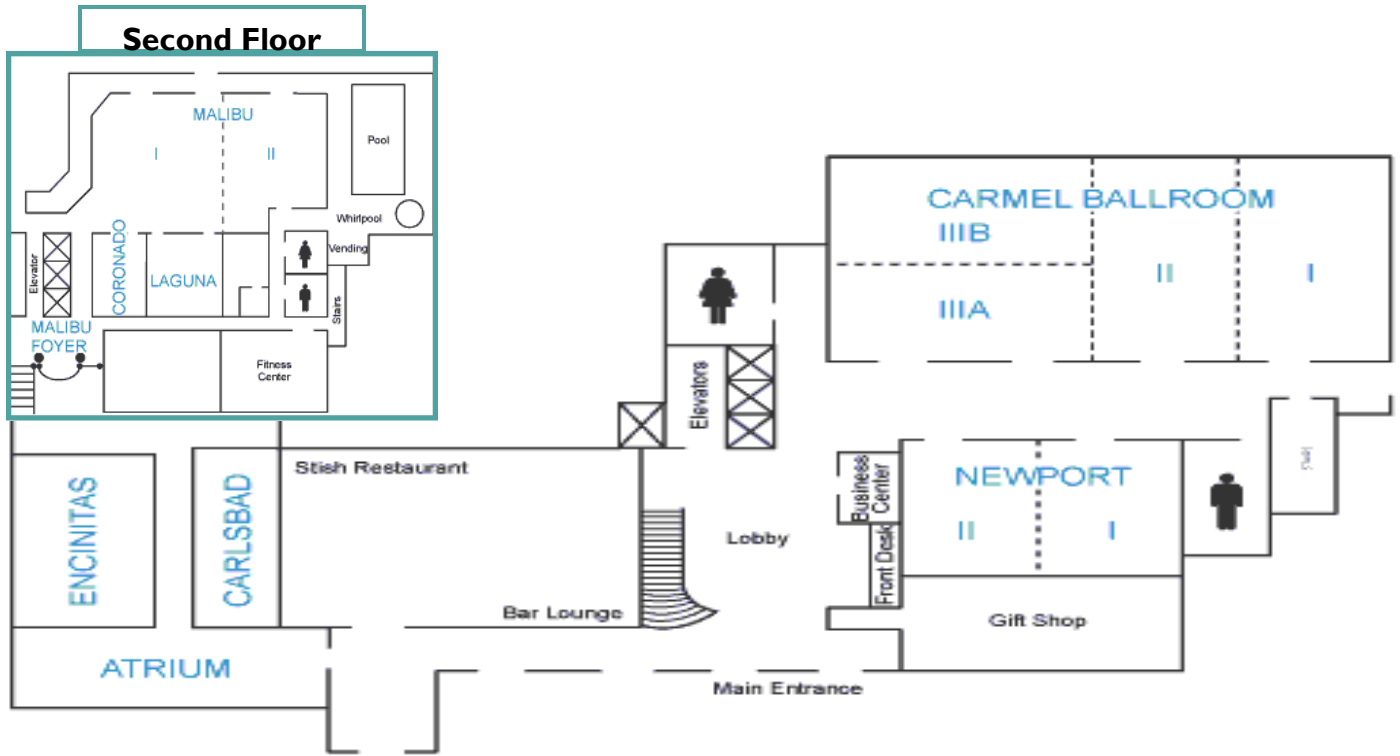


SDSU’s Cross-Cultural Center provides safe spaces and fosters intellectual inquiry, identity development, social change, and acceptance of all people and cultures. In the spirit of San Diego State University’s mission, the Center develops leaders to address local and international community needs. The Center advocates for the underserved and underrepresented.



Intercultural Relations

HILTON SAN DIEGO MISSION VALLEY - FIRST FLOOR



Thank you to our Exhibitors!

